

June 2016

The St. Mary's Outreach Center Newsletter



Making Connections

*Bringing people and services together
& Changing lives for the better!*

Save the Date!

**Join us to help raise funds for St. Mary's
at Donna's Restaurant at Cross Keys**



Monday, June 27th

11 AM to 9 PM

**Donna's Restaurant
5100 Falls Road
Baltimore, MD 21210**

Dine out for a good cause!

Donna's Restaurant at Cross Keys is donating 20% of their sales to SMOC—all you have to do is let them know that you are there to support St. Mary's Outreach Center.

Interested in Giving?

We couldn't do what we do without your support.

Please consider making a donation to support our programs. Every gift helps our seniors live their lives independently with dignity and self-respect—and a little more comfortably.

Send a check to:

St. Mary's Outreach Center at 3900 Roland Avenue, Baltimore, MD 21211

...or donate on-line on our website at www.smocbaltimore.org.

Lunch & Learn for Scam Awareness

As the world around us becomes less secure, financial crimes against seniors are on the rise. This past March, St. Mary's invited Baltimore City Police to speak with seniors about avoidance of fraudulent activities. These officers gave invaluable advice to our seniors, educating them on how to spot the red flags of fraud, in order to avoid the irreversible devastation that comes with crimes like identity theft, phishing, and door-to-door scamming.

While our seniors may have already had some idea of how to avoid such criminal activities, extra education never hurts, especially when it is accompanied by good food. As promised, a lunch of chicken pot-pies and salad was served to guests. It was a great opportunity for socialization among peers.

The health and welfare of our seniors is increasingly relevant. In 2013, the Federal Trade Commission collected 123,757 complaints of fraud from those ages 60 and older. Statistics from the Pew Research Center show that the percentage of seniors affected by these criminal activities have only risen. It is imperative that we educate our seniors and ourselves on these issues.

The age of online information has made us all more vulnerable to theft. If we want to stay secure, we have to work together; thus St. Mary's stands with Baltimore City Police in protecting our seniors.

Hats, Cups, and Saucers: The 2016 Annual Mother's Day Tea



Where in the world can one find Baltimore's city council member Mary Pat Clarke line dancing? At St. Mary's Annual Mother's Day Tea, of course!

Our neighbors attended this year's Tea on the first Wednesday in May, marking the beginnings of spring by saying 'thanks' to our community of mothers over food and fun. Sandwiches were served with an assortment of tea-riffic options for tea-time. Over 100 people joined together and shared their Mother's day spirit at the Keswick Multi-care Center; their generosity accompanied AIM and St. Mary's in hosting the celebration.

Along with tea, guests were encouraged to bring along their own serving ware and head decor. A contest was then held to judge who brought the best tea cup and saucer, as well as who wore the best hat. There were gift baskets on the tables that were raffled off for those who forgot to bring a hat to join the creative competition.

If hats and saucers weren't colorful enough, an exercise group lent us their expertise on line dancing. Neighbors joined in the groove, building community with every step. Classics from the greats like Louis Armstrong and Frank Sinatra were sung live by other gracious guests from the Lyric Opera House. This entertainment, preceding the tea, acted in celebration of our mothers. They are integral to the fabric of our world and our neighborhoods; and we at St. Mary's can't say 'thank you' enough to these strong and inspiring mothers.

Note from Our Director

Thank you for all your encouragement and support! We really couldn't do what we do without your help! Wishing you a safe and relaxing summer!

Sandy

Our Contact Information
St. Mary's Outreach Center
3900 Roland Avenue
Baltimore, MD 21211
410-366-3106
www.smocbaltimore.org